

THIS MIGHT BE YOUR LAST SENIOR GRAM

If you are an annual member and have not renewed your SCI membership for 2025, this will be the last issue mailed to you. Visit the Welcome Desk to make sure you are a current member!

TRAVEL PRESENTATION

Thursday, January 16; 1:30 pm

RSVP to the Welcome Desk, (530) 661-2001

Jan Bello from Affordable Adventures and Jay Fehan from Collette Travel will be on-hand to present some of the upcoming trips offered at the Woodland Senior Center. RSVP to the Welcome Desk, (530) 661-2001. If you miss this one, there will be two more travel presentations on June 5 and September 11.

AARP TAX AIDE / VITA TAX ASSISTANCE

Mondays, Thursdays, and Fridays; by appointment only

Call the Welcome Desk, (530) 661-2001; or visit yolotaxes.org

Tax preparers for the AARP Tax Aide program and the Volunteer Income Tax Assistance (VITA) program are standing by to help with your 2024 taxes. You must make an appointment either with the Welcome Desk or at yolotaxes.org.

VALENTINE'S DAY DINNER AND A MOVIE

Thursday, February 13; Doors at 5:00 pm, Dinner served at 5:30 pm, Movie starts shortly after

\$20/person, or \$35/couple

Enjoy a sweet night out with the Valentine's Dinner and a Movie! Bring your spouse or a friend to this dinner. This year we will watch the classic romantic comedy "What's Up, Doc?" starring Barbara Streisand. You have your choice of salmon, or chicken.



HAND & FOOT CARD PARTY

Saturday, March 22; 11:00am-4:00 pm

\$20 for SCI members, \$25 for non-members

Join friends at the annual Hand & Foot Card Party! Lunch will be served at 11:30 am. There will be a raffle with opportunity to buy raffle tickets. If you sign up and you have some cards or a shuffler you can share, please bring them. Visit the Welcome Desk for your ticket, or call (530) 661-2001.

THRIFT STORE VOLUNTEERS NEEDED

Woodland Senior Center Inc. operates a thrift store at the Woodland Community & Senior Center. The thrift store is open Mondays through Fridays in the morning. There is a need for volunteers who can mind the shop, accept donations, organize items, and handle small amounts of cash. Please call Ruth at (530) 661-2001 if you are interested.

2025 SENIOR CENTER EVENTS

Join the Woodland Senior Center and Woodland Senior Center Inc. for their entire lineup of great events for seniors:

Dinner and a Movie	Thursday, February 13	5:30 pm
Hand & Foot Card Party	Saturday, March 22	11:00 am-3:00 pm
SCI Installation Dinner	Thursday, May 8	5:30 pm
Senior Resource Fair	Thursday, May 22	9:00 am-12:00 pm
Ice Cream Social	Friday, July 4	1:00-3:00 pm
THS Spaghetti Feed Fundraiser	Thursday, July 24	5:30 pm
Volunteer Appreciation Dinner	Thursday, August 14	5:30 pm (invitation only)
AARP Document Shredding	Tuesday, September 16	9:30 am-12:30 pm
Oktoberfest	Thursday, September 25	5:30 pm
Thanksgiving Dinner	Thursday, November 13	5:30 pm
Santa's Holiday Social	Thursday, December 11	11:00 am

**THE WOODLAND COMMUNITY & SENIOR CENTER
WILL BE CLOSED MONDAY, JANUARY 20
IN OBSERVANCE OF MARTIN LUTHER KING JR. DAY**

WOODLAND SENIOR CENTER

2001 East St. | Woodland, CA 95776 | (530) 661-2001 | cityofwoodland.gov/seniors
Open Monday-Friday, 8:00 am - 3:00 pm (closed weekends and holidays)



CITY OF

WOODLAND
CALIFORNIA

The Woodland Senior Center is a designated focal point of services for older adults, including: nutrition, recreation, education, transportation, art, health, support groups, and information/assistance. Programs will center around healthy aging, social services, and have plenty of socialization opportunities. The Woodland Senior Center, and its non-profit partner Woodland Senior Center Inc., do not endorse the opinions, services, or products discussed in support groups or educational sessions. The City of Woodland does not allow private solicitation of Woodland Senior Center patrons. Contact the Welcome Desk at (530) 661-2001 for more information.

SUPPORT THE WOODLAND SENIOR CENTER BY JOINING “WOODLAND SENIOR CENTER INC.”

Woodland Senior Center, Incorporated (or SCI) is a non-profit organization dedicated to the betterment of the lives of Woodland seniors by supplementing and supporting programs at the Woodland Senior Center. SCI



supports *many* events and programs within the Woodland Senior Center, including the annual Thanksgiving Dinner and Holiday Social. **Membership benefits include: discounts on Affordable Adventures trips, priority registration for events, free limited notary services, and a subscription to the Senior Gram newsletter.** Annual dues for membership, fundraisers, and donations are vital to SCI's non-profit mission. All memberships and Senior Gram newsletter subscriptions are for a *calendar* year, ending December 31 annually. To become a member, call the Welcome Desk at (530) 661-2001. SCI also offers a scholarship to college students who are focused on Gerontology or other senior-related fields. Visit woodlandseniorcenterinc.org for more info.

Board of Directors

Roy Miller, President

Maxine Polkinghorne, Vice President

Sharon Coulombe, Secretary

Georgia Workman, Treasurer

Board Members at Large:

Jan Bello, Connie Crandall, Kathy Harryman, Linda Nantz

Roger Peeples, Bob Simas, Judy Tommeraason, Gil Walker, Sandi Winter

ONGOING SENIOR CENTER ACTIVITIES

Art/Creative Activities

Art Workshop	Wednesdays	9:30 am	Drop-in
Ceramics	Thursdays	9:00 am-12:00 pm	Drop-in
Needles & Friends	Mondays	9:00 am-2:00 pm	Drop-in
Origami Workshop	2nd & 4th Thursdays	10:00 am	Drop-in
Reading For Pleasure	3rd Thursdays	10:00 am	RSVP to Welcome Desk
Writing Life Stories	Thursdays	2:00-4:00 pm	\$20*/quarter

Exercise Classes

Aquatics Activities	Charles Brooks Swim Center	155 N. West St.	Call (530) 661-2000
Beginning Pilates	Mon/Wed	6:00-7:00 pm	\$33*/month
Dance Fitness	Mondays	10:00-11:00 am	\$50*/person for 4 sessions
Drop-in Badminton	Mon/Wed/Fri	8:30-11:30 am	Drop-in
Everyday Yoga	Mondays	9:00-10:00 am	\$20*/month
Everyday Yoga	Thursdays	5:00-6:00 pm	\$20*/month
Low Impact Aerobics	Mon/Wed/Fri	8:00-8:30 am	Drop-in
Low Impact Aerobics	Mon/Wed/Fri	10:00-10:30 am	Drop-in
Drop-in Pickleball	Tue/Thu (Nov-Feb only)	9:30-11:30 am	Drop-in
Rock Steady Boxing	Wed/Fri	9:00-10:00 am	\$20*/month w/ doctor rec.
Rock Steady Boxing	Mondays	9:00-10:00 am	Online only!
T'ai Chi & Qi Gong	Mondays	8:50-9:50 am	\$50*/person for 4 sessions
Woodland Stompers	Mondays	1:30-3:00 pm	Call (530) 661-2001

**Non-residents add 20%*

Social Games

American Mahjongg	Thursdays	9:00 am-12:00 pm	Drop-in
Billiards	Mon-Fri	8:15 am-2:45 pm	Drop-in, Seniors 50+ Only!
Bingo (<i>bring change</i>)	Wed/Fri	10:30 am-2:30 pm	5¢/card
Bridge for Fun	Wednesdays	12:00-3:00 pm	Drop-in
Hand & Foot	Wednesdays	8:45-11:30 am	Coffee @ 8:30am
Mah Jong	Thursdays	12:30-2:30 pm	Drop-in
Pedro	Tuesdays	11:30-3:00 pm	Drop-in

Support Groups

Diabetes Support (English)	2nd Tuesday (English)	10:00-11:00 am	Drop-in
Diabetes Support (Spanish)	4th Tuesday (Spanish)	6:00-7:30 pm	Drop-in
<i>-these groups are facilitated by Dignity Health Education</i>			
Outa Sight (vision)	3rd Tuesdays	12:30-2:00 pm	Drop-in
Parkinson's Support	1st Wednesdays	1:30-3:00 pm	Drop-in
Prostate Cancer	2nd Mondays of odd months	7:00-8:00 pm	Drop-in
Stroke Support**	3rd Mondays	1:00-2:00 pm	Drop-in **4th Mon. in Jan/Feb

Resources

Call (530) 661-2001 for more information!			
Commission on Aging	3rd Thursdays at 4:00 pm	2001 East St.	(530) 661-2000
Community Care Car	Mon-Fri	8:00 am-3:00 pm	(530) 662-7800
	\$2 donation per ride	<i>Call to make a ride appointment</i>	
Legal Services of N. Cal.	Call (530) 662-1065		
HICAP Consultations	2nd & 4th Thursdays	Call (916) 376-8915 for appointment	
Notary Services	SCI Members Only	Call (530) 383-4608 for appointment	
Senior Center Inc.	1st Thursday at 9:30 am	2001 East St.	(530) 661-2001
Yolo County 211	Information & assistance for seniors		Call 211

Other Programs

Affordable Adventures	Short trips	Flyers available at Senior Center	
Collette Travel	Full trip packages	Flyers available at Senior Center	
Media Library	Books, audio books, and DVDs available to rent		
Senior Movie Day	2nd & 4th Mondays	12:30 pm	Free snacks & drinks
Thrift Store AM	Mon-Fri	9:30 am-12:00 pm	
Thrift Store PM	2nd & 4th Wednesdays	4:00-6:00 pm	
YFB Food Distribution	2nd & 4th Wednesdays	5:00 pm	In back of building
Café Yolo	Wednesdays, by reservation, Call Meals on Wheels, (530) 662-7035 x108		

MOVIE MONDAY!

2nd & 4th Mondays, 12:30 pm

Arthur the King

Monday, January 13

Drama / Adventure

2024 - PG-13 - 1h 47m

Over the course of ten days and 435 miles, an unbreakable bond is forged between pro adventure racer Michael Light (Mark Wahlberg) and a scrappy street dog companion dubbed Arthur. Based on an incredible true story, ARTHUR THE KING follows Light, desperate for one last chance to win, as he convinces a sponsor to back him and a team of athletes (Simu Liu, Nathalie Emmanuel, and Ali Suliman) for the Adventure Racing World Championship in the Dominican Republic. As the team is pushed to their outer limits of endurance in the race, Arthur redefines what victory, loyalty and friendship truly mean.



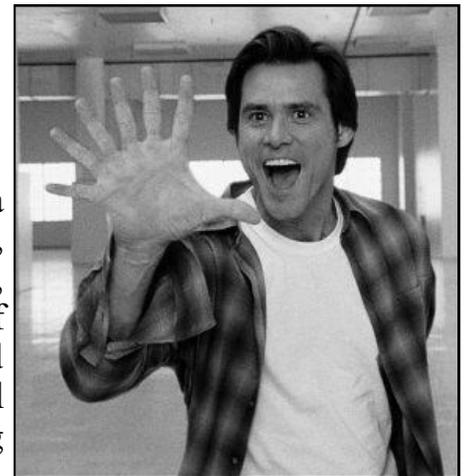
Bruce Almighty

Monday, January 27

Comedy / Fantasy

2003 - PG-13 - 1h 41m

Bruce Nolan's (Jim Carrey) career in TV has been stalled for a while, and when he's passed over for a coveted anchorman position, he loses it, complaining that God is treating him poorly. Soon after, God (Morgan Freeman) actually contacts Bruce and offers him all of his powers if he thinks he can do a better job. Bruce accepts and goes on a spree, using his new-found abilities for selfish, personal use until he realizes that the prayers of the world are going unanswered.



12:10 pm—Doors open
12:15 pm—Refreshments served
12:30 pm—Movie starts
50+ only please!



WOODLAND WRITES: PEN PAL CONNECTION



Receive a Valentine from friends around town

To receive a Valentine or nominate a senior,
please call the Welcome Desk at (530) 661-2001
and leave a message with your name and full address
or e-mail your information to
eric.buechler@cityofwoodland.gov



FREE NOTARY SERVICE FOR SENIOR CENTER INC. MEMBERS

*Call Mimi for an Appointment
(530) 383-4608*

Current Woodland Senior Center Inc. members
(Century Club and annual members) are eligible to
receive **FREE NOTARY SERVICES** by appointment
only for calendar-year 2025. Here are the services that
can be provided:

- Acknowledgements
- Oaths or Affirmations
- Trusts
- Durable Power of Attorneys
- Contracts
- Affidavits
- I9 Verifications
- DMV Forms
- Immigration Forms
- Witness for Documents

Here's what you need:

- Your Completed Documents
- A government-issued picture ID that shows a
serial number or identification number, with your
signature

BILLIARDS ROOM

Monday-Friday

Drop-In Play 8:15 am-2:45 pm

OPEN TO ALL SENIORS 50+

A 7' pool table is now featured at the Woodland Senior Center. Any senior 50 and over can play. Anyone playing must check in with the Welcome Desk to leave their driver license or California ID for the pool balls. There are loaner cues available. If there is a wait, play one game and winner stays. No reservations, first-come-first-served.



THRIFT STORE

Monday-Friday, 9:30 am-12:00 pm

2nd & 4th Wednesdays, 4:00-6:00 pm

The Senior Center Inc. Thrift Store accepts donations of clothes, household items, décor, and more. No electronics, old books, videos, furniture, broken, or dirty items will be accepted. Volunteers reserve the right to refuse donations. Do not leave donations outside of the doors. If you aren't sure, call the Welcome Desk to ask what to bring. (530) 661-2001.

Kiwanis of Woodland presents Handy Helpers for Seniors



**Kiwanis will provide tools and labor for free,
you provide any needed materials**

Examples of Tasks:

Plumbing, including:

toilet repairs and lawn sprinkler repairs
(sorry, we do not repair leaky faucets or minor clogs)

Electrical, including:

light bulb replacement, smoke or carbon monoxide detector
installation, or battery changes, basic outlet or switch repairs

Carpentry and General Repairs, including:

simple furniture repairs, door latch and lock replacement,
furnace filter replacement, anything you need a ladder for

Sorry, we cannot:

clean rain gutters, work on roofs, crawl under houses, or do
furnace or air conditioning unit repair

**Contact the Woodland Senior Center
at (530) 661-2001 today!**

GARDENING ADVENTURES

1st Fridays* at 1:30 pm

RSVP to the Welcome Desk (530) 661-2001 (limited space available!)

The Yolo County Master Gardeners are proud to continue the Gardening
Adventures courses. Below are the next sessions:

January 3

Tool Sharpening
(bring in your hand pruners)

February 7

Spring Bulbs

March 7

Planning Summer Vegetable
Gardens

April 11*

Totally Tomatoes

***Note: Gardening Adventures moves to the
2nd Friday of the month starting in April!**

AGENCY
ON AGING
AREA 4



Stay Active & Independent for Life (SAIL)

a strength, balance, and fitness class for adults 65+

It Works!

You'll be stronger, have better balance, feel better and this will help you stay independent, active and prevent falls.

It's Safe!

The instructors are experienced and skilled, and exercises have been tested with seniors.

It's Fun!

You'll meet other seniors and make new friends!

**One-hour classes will be held
2 times each week for 6 weeks**

Woodland Senior Center
2001 East Street, Woodland

2 Sessions Offered

Tuesday/Thursday, Jan. 21-Feb. 27

10:00-11:00 am

-OR- 11:30 am-12:30 pm

For more information:

Call the Welcome Desk at (530) 661-2001

CAFÉ YOLO (formerly Chit Chat Café)

Wednesdays; Open at 10:00 am, Lunch Served at 11:00 am

Call (530) 662-7035 x108 to make a reservation

Meals on Wheels of Yolo County hosts congregate dining. They offer meals in-person on Wednesdays. Menus will be available in the Senior Gram every month. All reservations need to be made with Meals on Wheels, call (530) 662-7035, extension 108. To view the most updated monthly menu, visit **MOWYOLO.ORG**.

January 8

BBQ Chicken

Cauliflower

Mashed Potatoes

January 15

Greek Chicken

Diced Potatoes

Mixed Vegetables

January 22

Hamburger Chowder

Green Beans

January 29

Roast Turkey &

Gravy

Sweet Potato

Stewed Cabbage

RECREATION CLASSES AVAILABLE

Contact the Community Services Department at (530) 661-2000 to sign up for one of these great classes offered at the Woodland Community & Senior Center. *Extra fees apply to non-Woodland residents.

EVERYDAY YOGA

Mondays; 9:00-10:00 am

Thursdays; 5:00-6:00 pm

\$5/class session*

Instructor: Minakhi Sarma

This course will combine yoga and strength training for overall health and wellness. Yoga lessons will include basic yoga postures suitable for everybody, and pranayama (breathing technique).

BEGINNING PILATES

Mondays & Wednesdays; 6:00-7:00 pm

\$33/month*

Instructor: Bob Stephenson

This class introduces concepts such as careful movement control, relaxed concentration, body alignment, position flow, and breathing. Each class of standing and mat exercises has a theme and is unique. Set to relaxing music, the peaceful flow of movements aims for steady progress and to leave you feeling energized.

T'AI CHI & QI GONG

Mondays (beginning); 8:50-9:50 am

Fridays (intermediate); 9:00-10:00 am

\$50/person for 4 classes (punch card)*

Instructor: Tina Kejie Duan

This course includes a variety of Tai Chi and Qi Gong movements and routines suitable for both beginners and experienced class members. It can be done standing or sitting in a chair. Tai Chi and Qi Gong use specific external movements to stimulate and enhance internal energy circulations, and as a result, the body's defense systems are strengthened.

DANCE FLOW

Mondays; 10:00-11:00 am

\$50/person for 4 classes (punch card)*

Instructor: Tina Kejie Duan

Dance Flow is a low-medium impact dance workout with rich content and diverse styles, including: jazz, Latin, Zumba, hip-hop, line dance, and kickboxing, then finish with a whole-body stretch.

DIABETES EMPOWERMENT EDUCATION PROGRAM (DEEP)

First Wednesdays of the Month (starts December 4)

4:00 pm (English), 5:30 pm (Spanish)

This is an introduction to diabetes self-management. This workshop is provided by Dignity Health. Recommended for anyone with diabetes, caring for someone with diabetes, or those looking to prevent diabetes.

You will learn how to:

- Improve your quality of life
- Prevent complications
- Improve your health by healthy eating
- Develop self-care skills
- Improve your communication with your healthcare provider
- Learn how to better utilize local resources

For more information, please call (530) 669-5531. Please note: January 2025 the meeting date will be January 8.

COMMISSION ON AGING MEETINGS

3rd Thursdays; 4:00 pm

Advocates for seniors, advisory board to the City Council and is open to the public. No meetings in July and December. Visit the website at cityofwoodland.org/seniors for agendas and minutes.

Commissioners:

Don Campbell
Eliza Bliss-Moreau
Kathy Harryman
Regan Overholt
Dan Rubin

SENIOR CENTER INC. BOARD MEETINGS

1st Thursdays; 9:30 am

Senior Center Inc. is a non-profit organization who raises money and helps plan programs and events for seniors. Meetings are open to the public. All members are invited to attend and participate in board meetings. See page 2 for more information.

COLLETTE TRAVEL

COUNTRYSIDE OF THE EMERALD ISLE

September 21-October 1, 2025

Double \$6,398 per person, Single \$5,878 per person

The Woodland Senior Center partners with Collette Travel, Inc. to offer travel opportunities nationally and internationally! We have highlighted all of the upcoming trips in the Senior Gram. This month, we are highlighting the “Countryside of the Emerald Isle” trip. (B) means breakfast is included, (L) means lunch is included, (D) means dinner is included. Check out the details below!

Day 1: Sunday, September 21, 2025 Overnight Flight - This is your chance to experience a seldom-explored side of Ireland. From the vaults of Christ Church Cathedral to the rolling hills of Dingle, we'll bring you back to your Irish roots (even if you don't have any).

Day 2: Monday, September 22, 2025 Dublin, Ireland - Fáilte and welcome to Dublin, Ireland's cosmopolitan capital. Tonight, join your fellow travelers for a welcome reception in the crypt of Christ Church Cathedral.* Within the medieval walls of the city's oldest structure, surrounded by nearly 1,000 years of Irish myths and legends, toast the start of an incredible adventure.

Day 3: Tuesday, September 23, 2025 Dublin - A local expert escorts you through Dublin's magnificent streets on a walking tour, taking you through the history and culture of this eclectic city. Get up close and personal with Dublin as you discover the vibrancy of the capital and its evolution over the centuries. This afternoon, experience an Impact Moment as you immerse yourself in Irish culture with Experience Gaelic Games. This social enterprise benefits the wider community, giving local youth opportunities to engage in community-based sport and cultural activities. Learn why these national sports are so important to many Irish people – and if you're feeling sporty, have a go yourself! This evening, gather for dinner and enjoy authentic Irish cuisine at a local restaurant. (B, D)



Day 4: Wednesday, September 24, 2025 Dublin - East Cork - Take to Ireland's country roads. Tour the Irish National Stud, an area of outstanding natural beauty that's home to regal thoroughbreds and opulent gardens. Continue south to the awe-inspiring Rock of Cashel. Be amazed by its imposing facade and visit the spot where St. Patrick preached. (B, D)

Day 5: Thursday, September 25, 2025 East Cork - This morning, visit the Old Midleton Distillery, home of the world famous Jameson Irish Whiskey. Indulge in a tippie with a tasting of the distillery's production. Next, head to the pretty coastal town of Kinsale for the afternoon. Enjoy free time to peruse the charming shops, galleries, and cafés. (B)

Day 6: Friday, September 26, 2025 East Cork - Garnish Island - Dingle - Travel through forty shades of green before arriving in the charming village of Glengarriff. Board a ferry and sail to a place that must be seen to be believed – Garnish Island. Sheltered in the Glengarriff harbor of Bantry Bay, this hidden island is home to one of Ireland's most beautiful gardens. Continue over the Cork and Kerry mountains to the colorful town of Dingle, located on the Dingle Peninsula – your home for two nights. (B)

Day 7: Saturday, September 27, 2025 Dingle - Dingle Peninsula - Dingle - This morning, explore the spectacular scenery of the Dingle Peninsula with a drive along Sleah Head, with its enchanting hills and weather-worn bluffs. The locals will remind you that beyond the water, “the next parish over is Boston.” Then, it's your choice! Take a walk along the coast from Dunquin Pier, a secluded bay surrounded by cliffs - OR make a quick visit to the Blasket Centre, which shares the story of the people of the Blasket Islands, highlighting their struggles with the elements and the tenacity of their community. The rest of the day is free for you to explore the colorful streets and harbor of Dingle. This evening, dinner will be at a local pub in the heart of town. (B, D)

Day 8: Sunday, September 28, 2025 Dingle - Aran Islands (Inishmore) - Leave the rugged southern coast behind and embark on an adventure. Board a ferry bound for Inishmore, the largest of the three Aran Islands.** Upon arriving in Inishmore's ethereal landscape, take a private tour through the labyrinth of stone walls blanketing the island. Visit the east of the island and see the Old Cromwellian Castle and Port Aodh. Learn about the island's 850 inhabitants, their livelihoods and devotion to traditional culture and customs. As the last ferry leaves for mainland Ireland, breathe in the fresh Atlantic air and settle into your cozy island chalet. The humble accommodations in the heart of Inishmore allow the striking, rocky coast to be the star of your stay. (B, D)

Day 9: Monday, September 29, 2025 Aran Islands (Inishmore) - Cliffs of Moher - Ennis - In the morning, visit Dun Aonghusa, a prehistoric hill fort facing the Atlantic Ocean. Continue to the Seven Churches, a pilgrimage site in the Middle Ages. Look to catch a glimpse of a colony of seals on your way to visit a family-run goat farm. Savor the flavors of locally produced award-winning cheeses during a tasting. Later, enjoy time in Kiltonan village to explore and peruse the famous Aran sweaters. Then ferry back to the mainland, taking in unrivalled views while sailing beneath the iconic Cliffs of Moher. (B)

Day 10: Tuesday, September 30, 2025 Ennis - This morning, join a local historian on a walking tour of the town of Ennis. Your walk ends at the site of the medieval Franciscan friary, where you can tour the ruins and grounds at leisure. The afternoon is yours with free time to shop for those last-minute souvenirs before joining your fellow travelers this evening to toast the end of an incredible adventure. (B, D)

Day 11: Wednesday, October 1, 2025 Ennis - Tour Ends - Your journey comes to a close today, leaving you with the spirit of Ireland in your heart forever. (B)

AFFORDABLE ADVENTURES

Travel with friends and have a great time. Senior Center Inc. plans routine local trips. Sign up at the Welcome Desk, or call (530) 661-2001 for more information.

SKY RIVER CASINO

Wednesday March 19, 2025; \$55/person (SCI members get \$5 off)

Zone 50 Wednesday Senior Day includes \$10 free play, \$5 food with \$10 purchase at the Food Market. New Sky River Members get \$15 free play on signup, plus Zone 50 perks listed above.

CLASSIC CALIFORNIA COASTAL CRUISE

April 20-27, 2025

Call Karla Glasner, Princess Cruise Rep. (800) 901-1172 to sign up

Prices vary based on purchases

All aboard the Ruby Princess! Join your Senior Center friends on this great cruise. You have to indicate "Woodland Senior Center" when signing up. Leaving from San Francisco. 4 ports: Santa Barbara, Los Angeles, San Diego, Ensenada. Bus signups TBD.

ANNUAL SNOW TRAIN

May 14-16, 2025; \$310/person double, \$385/person single (SCI members \$10 off)

3 days, 2 nights at El Dorado Reno. Includes round-trip Amtrak ticket, El Dorado show (TBD), hotel shuttle, luggage service, and parking at Davis Amtrak station.

MORE UPCOMING TRIPS

June/July 2025: de Young Fine Arts Exhibit, San Francisco

Aug/Sep 2025: Music Circus Broadway, Sacramento

October 2025: Sundial Bridge Redding/Covered Bridge, 2-night tour, TBD

November 2025: Dickens Fair Victorian Style Festival, San Francisco

**Call the Welcome Desk at (530) 661-2001 for more information.
Register at the Welcome Desk, 2001 East St. M-F 8:00 am-3:00 pm.**

TRAVEL PRESENTATION

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RSVP to the Welcome Desk, (530) 661-2001

Jan Bello from Affordable Adventures and Jay Fehan from Collette Travel will be on-hand to present some of the upcoming trips offered at the Woodland Senior Center. RSVP to the Welcome Desk, (530) 661-2001. If you miss this one, there will be two more travel presentations on June 5 and September 11.



CITY OF
WOODLAND
CALIFORNIA

Woodland Senior Center
2001 East Street
Woodland, CA 95776
(530) 661-2001
www.cityofwoodland.gov/seniors

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Senior Gram

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