

## MARK YOUR CALENDARS: EVENT TICKET SALES

Woodland Senior Center Inc. is getting ready for a great holiday season with Oktoberfest, the Thanksgiving Dinner, and the Holiday Social and Brunch! Current Century Club and annual SCI members will be able to buy tickets early. You must be physically present to purchase event tickets. You may only purchase a ticket for a spouse, but spouses must be members to buy a ticket early, no exceptions. **Please, do not put staff or volunteers in a position to make exceptions.** Oktoberfest limited to 200 tickets, Thanksgiving and the Holiday Social are limited to 300 tickets each.

<u>Event</u>	<u>Date</u>	<u>Cost</u>	<u>Tickets for SCI Members</u>	<u>Tickets for General Public (if available)</u>
Oktoberfest	Sep. 25	\$1	On Sale Tue. 8/12, 8:30 am	On Sale Tue. 8/19, 8:30 am
Thanksgiving Dinner	Nov. 13	\$1	On Sale Tue. 10/7, 8:30 am	On Sale Tue. 10/14, 8:30 am
Holiday Social	Dec. 11	\$1	On Sale Tue. 11/4, 8:30 am	On Sale Tue 11/18, 8:30 am

*Senior Center groups: donate a prize basket for the Holiday Social raffle. Submit the basket by Tuesday December 2!*

## CARE CAR & SCI CAR AVAILABLE FOR EVENT PICKUP

Getting to SCI events is even easier! You can now reserve a ride with the Community Care Car to go to all SCI events: Oktoberfest, Thanksgiving, and the Holiday Social. Call the Care Car at (530) 662-7800 to reserve your ride.

## AARP SMART DRIVER PROGRAM

*Thursdays, August 14 & 21; 1:00-5:00 pm  
RSVP at the Welcome Desk, (530) 661-2001*

The AARP Smart Driver program is back at the Woodland Senior Center. This class may save you some money on your car insurance, check to see if it is available for you. You must attend both days for completion. See page 5 for more details.

## FALL PREVENTION PRESENTATION

*Thursday, August 28; 10:00 am  
RSVP at the Welcome Desk, (530) 661-2001*

Join us for an engaging presentation from the Greater Sacramento Women's Brain Health Program (GROW) on how brain health and fall prevention go hand in hand. Learn how memory, balance, and reaction time affect your risk for falling and discover practical tips to stay steady, sharp, and independent. You will learn simple strategies to support both your brain and body as you age. Men and women are invited to RSVP to the Welcome Desk!

## AARP HOUSEHOLD DOCUMENT SHRED EVENT

*Tuesday, September 16; Time TBA  
Yolo County Fairgrounds Parking Lot, 1250 E. Gum Ave.  
Register at AARP.org*

Information will be available soon for the AARP household document shredding event. This year, the event will be at the Fairgrounds parking lot. Keep an eye out for more information in the next Senior Gram newsletter.

## VOLUNTEERS NEEDED FOR BINGO

The bingo group that meets on Wednesdays and Fridays needs a volunteer bingo caller to help lead games. Bingo uses a traditional illuminated bingo board with a ball blower. Training is available! Contact Ruth at (530) 661-2001 for information.

**THE WOODLAND COMMUNITY & SENIOR CENTER  
WILL BE CLOSED MONDAY SEPTEMBER 1  
IN OBSERVANCE OF LABOR DAY**

# WOODLAND SENIOR CENTER

2001 East St. | Woodland, CA 95776 | (530) 661-2001 | [cityofwoodland.gov/seniors](http://cityofwoodland.gov/seniors)  
Open Monday-Friday, 8:00 am - 3:00 pm (closed weekends and holidays)



CITY OF

WOODLAND  
CALIFORNIA

The Woodland Senior Center is a designated focal point of services for older adults, including: nutrition, recreation, education, transportation, art, health, support groups, and information/assistance. Programs will center around healthy aging, social services, and have plenty of socialization opportunities. The Woodland Senior Center, and its non-profit partner Woodland Senior Center Inc., do not endorse the opinions, services, or products discussed in support groups or educational sessions. The City of Woodland does not allow private solicitation of Woodland Senior Center patrons. Contact the Welcome Desk at (530) 661-2001 for more information.

## SUPPORT THE WOODLAND SENIOR CENTER BY JOINING “WOODLAND SENIOR CENTER INC.”

**Woodland Senior Center, Incorporated (or SCI)** is a non-profit organization dedicated to the betterment of the lives of Woodland seniors by supplementing and supporting programs at the Woodland Senior Center. SCI



supports *many* events and programs within the Woodland Senior Center, including the annual Thanksgiving Dinner and Holiday Social. **Membership benefits include: discounts on Affordable Adventures trips, priority registration for events, free limited notary services, and a subscription to the Senior Gram newsletter.** Annual dues for membership, fundraisers, and donations are vital to SCI's non-profit mission. All memberships and Senior Gram newsletter subscriptions are for a *calendar* year, ending December 31 annually. To become a member, call the Welcome Desk at (530) 661-2001. SCI also offers a scholarship to college students who are focused on Gerontology or other senior-related fields. Visit [woodlandseniorcenterinc.org](http://woodlandseniorcenterinc.org) for more info.

### Board of Directors

Roy Miller, President

Maxine Polkinghorne, Vice President

Sharon Coulombe, Secretary

Georgia Workman, Treasurer

Board Members at Large:

Jan Bello, Connie Crandall, Kathy Harryman, Linda Nantz

Roger Peeples, Bob Simas, Judy Tommeraason, Gil Walker, Sandi Winter

# ONGOING SENIOR CENTER ACTIVITIES

## Art/Creative Activities

Art Workshop	Wednesdays	9:30 am	Drop-in
Ceramics	Thursdays	9:00 am-12:00 pm	Taking waitlist now
Needles & Friends	Mondays	9:00 am-2:00 pm	Drop-in
Origami Workshop	2nd & 4th Fridays	10:00 am	Drop-in
Reading For Pleasure	3rd Thursdays	10:00 am	Drop-in
Writing Life Stories	Thursday	2:00-4:00 pm	Drop-in

## Exercise Classes

Aquatics Activities	Charles Brooks Swim Center	155 N. West St.	Call (530) 661-2000
Dance Fitness	Mondays	10:00-11:00 am	\$50*/person for 4 sessions
Drop-in Badminton	Mon/Wed/Fri	8:30-11:30 am	Drop-in
Everyday Yoga	Mondays	9:00-10:00 am	\$20*/month
Everyday Yoga	Thursdays	5:00-6:00 pm	\$20*/month
Low Impact Aerobics	Mon/Wed/Fri	8:00-8:30 am	Drop-in
Low Impact Aerobics	Mon/Wed/Fri	10:00-10:30 am	Drop-in
Matter of Balance	Tue/Thu	10:00 am	Drop-in
Drop-in Pickleball	Tue/Thu (Nov-Feb only)	8:30-11:30 am	Drop-in
Rock Steady Boxing	Wed/Fri	9:00-10:00 am	\$20*/month w/ doctor rec.
Rock Steady Boxing	Mondays	9:00-10:00 am	Online only!
T'ai Chi & Qi Gong	Mondays	8:50-9:50 am	\$50*/person for 4 sessions
Woodland Stompers	Mondays	1:30-3:00 pm	Call (530) 661-2001

*\*Non-residents add 20%*

## Social Games

American Mahjongg	Thursdays	9:00 am-12:00 pm	Drop-in
Billiards	Mon-Fri	8:15 am-2:45 pm	Drop-in, Seniors 50+ Only!
Bingo ( <i>bring change</i> )	Wed/Fri	10:30 am-2:30 pm	5¢/card, arrive by 10:15 am
Bridge for Fun	Wednesdays	12:00-3:00 pm	Drop-in
Chess Club	Thursdays	9:00 am	Drop-in
Hand & Foot	Wednesdays	8:30-11:30 am	Drop-in, starts at 8:30 sharp!
Mah Jong	Thursdays	12:30-2:30 pm	Drop-in
Pedro	Tuesdays	11:30-3:00 pm	Drop-in

## Support Groups

Diabetes Support (English)	2nd Tuesday (English)	10:00-11:00 am	Drop-in
Diabetes Support (Spanish)	4th Tuesday (Spanish)	6:00-7:30 pm	Drop-in
<i>-these groups are facilitated by Dignity Health Education</i>			
Outa Sight (vision)	3rd Tuesdays	12:30-2:00 pm	Drop-in
Parkinson's Support	1st Wednesdays	1:30-3:00 pm	Drop-in
Prostate Cancer	2nd Mondays of odd months	7:00-8:00 pm	Drop-in
Stroke Support**	3rd Mondays	1:00-2:00 pm	Drop-in **4th Mon. in Jan/Feb

## Resources

<b><u>Call (530) 661-2001 for more information!</u></b>			
Commission on Aging	3rd Thursdays at 4:00 pm	2001 East St.	(530) 661-2000
Community Care Car	Mon-Fri	8:00 am-3:00 pm	(530) 662-7800
	<i>\$2 donation per ride</i>	<i>Call to make a ride appointment</i>	
Legal Services of N. Cal.	Call (530) 662-1065		
HICAP Consultations	2nd & 4th Thursdays	Call (916) 376-8915 for appointment	
Notary Services	SCI Members Only	Call (530) 383-4608 for appointment	
Senior Center Inc.	1st Thursday at 9:30 am	2001 East St.	(530) 661-2001
Yolo County 211	Information & assistance for seniors		Call 211

## Other Programs

Affordable Adventures	Short trips	Flyers available at Senior Center	
Collette Travel	Full trip packages	Flyers available at Senior Center	
Media Library	Books, audio books, and DVDs available to rent		
Senior Movie Day	2nd & 4th Mondays	12:30 pm	Free snacks & drinks
Thrift Store AM	Mon-Fri	9:30 am-12:00 pm	
Thrift Store PM	2nd & 4th Wednesdays	4:00-6:00 pm	
YFB Food Distribution	2nd & 4th Wednesdays	5:00 pm	In back of building
Café Yolo	Wednesdays, by reservation,	Call Meals on Wheels,	(530) 662-7035 x108

# MOVIE MONDAY!

**2nd & 4th Mondays, 12:30 pm**

## Forever Young

**Monday, August 11**

**Romance**

**1992 - PG - 1h 42m**

After his true love (Isabel Glasser) falls in a coma, test pilot Daniel McCormick (Mel Gibson) undergoes suspended animation in a military experiment conducted by his friend Harry Finley (George Wendt), supposed to last a year. A series of mishaps result in McCormick's being all but forgotten and, 53 years later, a young boy (Elijah Wood) accidentally frees a confused McCormick, who eventually lives with him and his mother (Jamie Lee Curtis). However, complications arise from the experiment.



## My Blue Heaven

**Monday, August 25**

**Comedy**

**1990 - PG-13 - 1h 35m**

Vinnie Antonelli (Steve Martin) trades the mob for the witness protection program and moves to a small suburb in California. But for Vinnie, old ways die hard. He becomes a challenge for Barney Coopersmith (Rick Moranis), the FBI agent in charge of making sure Vinnie keeps a low profile before he can testify against his former mob associates. Barney, though, might actually be able to learn some things from Vinnie. That is, if Barney can keep him alive long enough.



**12:10 pm—Doors open**

**12:15 pm—Refreshments served**

**12:30 pm—Movie starts**

***50+ only please!***

# SAFER DRIVING MAY SAVE YOU MONEY

Take the AARP Smart Driver™ classroom course and you could save on your car insurance!\*

- » Refresh your driving skills and knowledge of the rules of the road.
- » Learn techniques for handling left turns, right-of-way and roundabouts.
- » Discover proven driving methods to help keep you and your loved ones safe on the road.

## THERE'S A CLASSROOM COURSE IN YOUR NEIGHBORHOOD!

**NEW**  
CONTENT  
ADDED!

### Date & Time:

This is an 8-hour class divided into two 4-hour sessions:

August 14th 1:00 p.m. to 5:00 p.m.

August 21st 1:00 p.m. to 5:00 p.m.

### Location:

Woodland Senior Center  
2001 East Street  
Woodland, CA 95776

### Register:

Call the Senior Center at (530) 661-2001 to register

Registration fee will be collected at the first session--cash or check please

### CLASSROOM COURSE

\$20 for AARP members  
\$25 for non-members

### TO FIND ADDITIONAL COURSES

Visit: [www.aarp.org/driving36](http://www.aarp.org/driving36)  
Call: 1-888-773-7160

\* Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

# **DIABETES EMPOWERMENT EDUCATION PROGRAM (DEEP)**

*First Wednesdays of the Month*

*4:00 pm (English), 5:30 pm (Spanish)*

This is an introduction to diabetes self-management. This workshop is provided by Dignity Health. Recommended for anyone with diabetes, caring for someone with diabetes, or those looking to prevent diabetes.

You will learn how to:

- Improve your quality of life
- Prevent complications
- Improve your health by healthy eating
- Develop self-care skills
- Improve your communication with your healthcare provider
- Learn how to better utilize local resources

For more information, please call (530) 669-5531.

# **CAFÉ YOLO**

*Wednesdays; 11:00 am-12:00 pm*

*Call (530) 662-7035 x108 to make a reservation*

Meals on Wheels of Yolo County hosts congregating dining. They offer meals in-person on Wednesdays. Menus will be available in the Senior Gram every month. All reservations need to be made with Meals on Wheels, call (530) 662-7035, extension 108. To view the most updated monthly menu, visit **MOWYOLO.ORG**.

August 6

Italian Beef & Rice  
Stewed Cabbage  
Fruit Cobbler

August 13

Black Bean Enchilada  
Casserole  
Baked Tomatoes  
Applesauce

August 20

Chicken & Whole  
Wheat Noodles  
Broccoli & Cauliflower  
Spiced Pears

August 27

Dijon Chicken Breast  
w/ Peppers  
Oven Roasted Pineapple  
Brown Rice

# **SENIOR (50/OVER) BASKETBALL LEAGUE**

*Monday nights; \$600/team, or sign up as free agent*

*Fall league starts September 11 (register by August 14)*

*Call (530) 661-2000 for more information*

Teams play an 8-game season concluding with a single-elimination playoff tournament. Basketball rules and team registration information available at [cityofwoodland.gov/AdultSports](http://cityofwoodland.gov/AdultSports).

# **TEENS HELPING SENIORS - FALL PROGRAM!**

*Saturdays starting in September*

*Call (530) 661-2000 for more information*

The Teens Helping Seniors program takes teenage volunteers out to senior homes and properties to assist with tasks around the home, like washing windows, gardening, light housework, and more. If you have work, the teen volunteers can help! To request a job, visit [cityofwoodland.gov/seniors](http://cityofwoodland.gov/seniors), and click on “Teens Helping Seniors.” You can also call (530) 661-2000 to request a job. Email for more information, [THS@cityofwoodland.gov](mailto:THS@cityofwoodland.gov)!





## **Woodland YMCA Fitness Center**

<u>Amenities</u>	<u>Branch Hours</u>
Cardio & Weight Equipment	Mon - Fri: 6:00am - 8:00pm
Group Fitness Classes	Sat: 8:00am - 12:00pm
Welcoming Community	Sun: Closed
No Cancellation Fee	



530.666.9623

[ymcasuperiorcal.org/WoodlandYMCA](http://ymcasuperiorcal.org/WoodlandYMCA)

## **FREE NOTARY SERVICE FOR SENIOR CENTER INC. MEMBERS**

*Call Mimi for an Appointment  
(530) 383-4608*

Current Woodland Senior Center Inc. members (Century Club and annual members) are eligible to receive **FREE NOTARY SERVICES** by appointment only for calendar-year 2025. Here are the services that can be provided:

- Acknowledgements
- Oaths or Affirmations
- Trusts
- Durable Power of Attorneys
- Contracts
- Affidavits
- I9 Verifications
- DMV Forms
- Immigration Forms
- Witness for Documents

Here's what you need:

- Your Completed Documents
- A government-issued picture ID that shows a serial number or identification number, with your signature

Woodland Senior Center, Inc. presents...

# Oktoberfest

Thursday, September 25  
Beer and Music starts at 5:00 pm  
Dinner served at 5:30 pm

Tickets \$1

SCI members' ticket sales start August 12 at 8:30 am

Non-members' ticket sales start August 19 at 8:30 am

Must buy in-person at the Welcome Desk

*Can only buy tickets for yourself and your spouse, no exceptions!*

*Do not put staff and volunteers in a position to make exceptions.*

Community Care Car is available to give rides! Call (530) 662-7800 to reserve yours!

Live Polka music by  
Crackerjack Polka Band

## Crackerjack Polka Band



# GARDENING ADVENTURES

*2nd Fridays at 1:30 pm*

*RSVP to the Welcome Desk (530) 661-2001 (limited space available!)*

The Yolo County Master Gardeners are proud to continue the Gardening Adventures courses. Below are the next sessions:

August 8

World of Succulents

September 12

All About Roses

October 10

Fall Flower Arranging

November 14

Backyard Orchards

# THRIFT STORE

*Monday-Friday, 9:30 am-12:00 pm*

*2nd & 4th Wednesdays, 4:00-6:00 pm (Sep-May)*

The Senior Center Inc. Thrift Store accepts donations of clothes, household items, décor, and more. No electronics, old books, videos, furniture, broken, or dirty items will be accepted. Volunteers reserve the right to refuse donations. Do not leave donations outside of the doors. If you aren't sure, call the Welcome Desk to ask what to bring. (530) 661-2001.

# BILLIARDS ROOM

*Monday-Friday*

*Drop-In Play 8:15 am-2:45 pm*

***OPEN TO ALL SENIORS 50+***

A 7' pool table is now featured at the Woodland Senior Center. Any senior 50 and over can play. Anyone playing must check in with the Welcome Desk to leave their driver license or California ID for the pool balls. There are loaner cues available. If there is a wait, play one game and winner stays. No reservations, first-come-first-served.



# COLLETTE TRAVEL

## DISCOVER AMERICA'S 250TH ANNIVERSARY

June 22-30, 2026

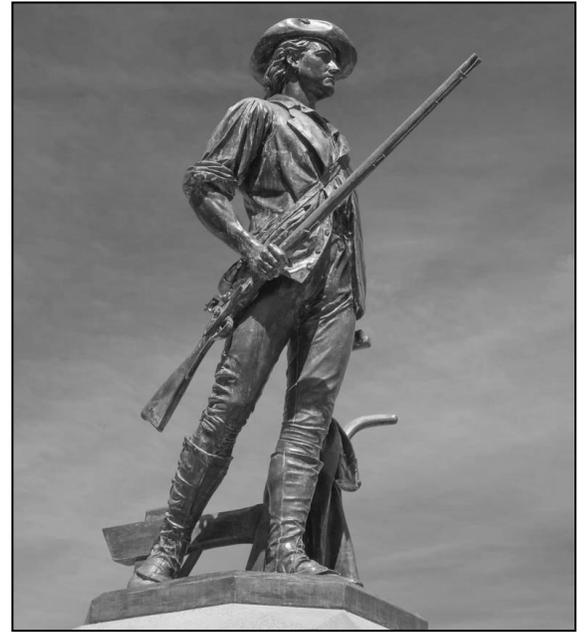
Double \$4,978 per person, Single \$6,378 per person

Book before Dec. 14 and save \$150!

The Woodland Senior Center partners with Collette Travel, Inc. to offer travel opportunities nationally and internationally! We have highlighted all of the upcoming trips in the Senior Gram. This month, we are highlighting the “*Discover America's 250th Anniversary*” trip. (B) means breakfast is included, (L) means lunch is included, (D) means dinner is included. To book a Collette trip, make an appointment with Dallas, (530) 661-2001.

**Day 1: Monday, June 22, 2026 - Boston, Massachusetts** - Celebrate the marking of America's 250th anniversary with a journey from “the Cradle of the American Revolution” through the historic hubs of New York and Philadelphia and to the nation's capital, Washington, D.C. Arrive in Boston, a city bursting with character and Revolutionary history. As arrival times will be scattered through the afternoon and evening, there are no scheduled activities today.

**Day 2: Tuesday, June 23, 2026 - Boston - Lexington - Concord - Boston** - Today, venture to Lexington and Concord. Begin at Lexington Battle Green, where the first shots of the Revolutionary War were fired on April 19, 1775. With your local guide, continue to Concord on a drive that follows the same path that British troops marched that day. Along the road, learn more about Concord's historical significance, a town home to literary figures like Ralph Waldo Emerson, Henry David Thoreau, and Louisa May Alcott. Step inside Wright Tavern in the center of Concord, where the minutemen and militia gathered before battle, and see the Old Hill Burying Ground. Head to the exact spot where the “shot heard 'round the world” was fired – the Old North Bridge. And at Robbins House, explore stories of the home's former inhabitants with notable ties to African American history. This evening, celebrate the start of your journey with a welcome dinner in Boston's famed North End. (B, D)



**Day 3: Wednesday, June 24, 2026 Boston - West Point, New York - New York City** - You're off to New York City today. But first, a visit to West Point\* highlights why George Washington considered it the most important military post in America. During your guided tour, learn about the garrisoning of West Point during the Revolutionary War and the present role of the United States Military Academy in training the leaders of tomorrow. Along the way, get a glimpse into the cadet experience at this proud institution and take in the view from Trophy Point overlooking the Hudson River. Then, arrive in New York, New York! Check into your Times Square hotel and feel the bustle of modern-day New York all around you. This evening is yours to enjoy the Big Apple. (B)

**Day 4: Thursday, June 25, 2026 - New York City** - Start your morning like a New Yorker with breakfast at a local diner. Then, delve into historic New York on a blended panoramic and walking tour. Glimpse into Central Park, pause beside the poignant 9/11 Memorial, see St. Paul's Chapel, where George Washington prayed following his inauguration, and view Trinity Church, where Alexander Hamilton was laid to rest. Convene for lunch at New York's most historic tavern – a favorite watering hole among several Founding Fathers, where George Washington famously gathered with a group of officers to celebrate after the last British troops left American soil. The rest of the day is yours to spend as you wish. This evening, if you choose to join an optional dinner and show, take a seat at one of Broadway's biggest hits: Hamilton!\*\* Experience the revolutionary musical that shines a spotlight on Founding Father, Alexander Hamilton. (B, L)

**Day 5: Friday, June 26, 2026 - New York City - Philadelphia, Pennsylvania** - On to Philadelphia! Embark on a tour of the “birthplace of America.” Step inside Independence Hall, the location of the signing of the Declaration of Independence and the drafting of the Constitution. See an iconic symbol of freedom, the Liberty Bell. Then, enjoy free time for lunch at a local market full of delicious food options, perhaps seeking out a local favorite like the Philly cheesesteak. This afternoon, head to the Museum of the American Revolution, where everything you've retraced on the journey so far comes together. Walk through the interactive exhibits imagining what it felt like to be part of the Revolution. Tonight, dinner is on board the legendary Moshulu, the world's oldest and largest square-rigged sailing vessel still afloat. Docked at Penn's Landing, experience a piece of maritime history on this tall ship turned restaurant. (B, D)

**Day 6: Saturday, June 27, 2026 - Philadelphia - Valley Forge - Washington D.C.** - En route to Washington, D.C., make a stop at Valley Forge National Historical Park, the winter encampment of George Washington's Continental Army. Step back in time while visiting Washington's Headquarters with a local park guide. Later, arrive in the United States capital, your home for the next three nights. (B)

**Day 7: Sunday, June 28, 2026 - Washington, D.C. - Arlington, VA - Washington, D.C.** - This morning, discover the celebrated history of America's capital on a tour around the city. Take in views of the National Mall, White House, and other monuments and museums. Pause to reflect at the World War II Memorial, the Vietnam Veterans Memorial, and the Korean War Memorial. Head to Old Town Alexandria, nestled along the Potomac, and enjoy time to stroll the cobblestone streets on your own during a quick break for lunch. Then, visit Arlington National Cemetery,\*\*\* where over 400,000 service members and notable figures are honored and remembered. Here, a narrated tour takes you to the Tomb of the Unknown Soldier and the Kennedy gravesites. A day in the capital brings a deeper connection to America's history, leadership, and progress throughout its 250 years as a nation. (B)

**Day 8: Monday, June 29, 2026 - Washington, D.C. - Mount Vernon - Washington, D.C.** - Set out to see Washington, D.C. Founded in 1790, this vibrant city is known for its political and historical significance, iconic landmarks, and cultural diversity. Today, enter the iconic and storied U.S. Capitol for a guided tour and fascinating look into American history and government. Then, visit Mount Vernon, the beloved home of George Washington, where it's your choice! Take a tour of Washington's estate hearing stories from the past about the lives of enslaved people at Mount Vernon -OR- about the women of the estate, including Martha Washington. Then, explore the mansion, wander the gardens and grounds, and visit the Washingtons' Tomb. This evening, toast to a fantastic historical journey over a farewell dinner with your fellow travelers. (B, D)

**Day 9: Tuesday, June 30, 2026 - Washington, D.C. - Tour Ends** - Your tour ends today. (B)

## **TRAVEL PRESENTATION**

***Thursday, September 11; 1:30 pm***

***RSVP at the Welcome Desk, (530) 661-2001***

Affordable Adventures and Collette Travel will tell us about the great trips planned!



## **AFFORDABLE ADVENTURES**

Travel with friends and have a great time. Senior Center Inc. plans routine local trips. Sign up at the Welcome Desk, or call (530) 661-2001 for more information.

## **CA ACADEMY OF SCIENCES: UNSEEN OCEANS**

***Wednesday, September 3; \$135/person (SCI members \$5 off)***

Unseen Ocean exhibit provides an unparalleled opportunity to step into the rarified world of the deep sea and come face to face with the majestic and mysterious creatures that call this place home. Encounter surprising specimens from the deep sea; Learn how life adapts to darkness and pressure; Watch mesmerizing videos of life-size ocean giants; Step into a submersible for a one-of-a-kind photo op; and so much more. Ticket prices include bus fare, admission, and lunch (optional).



## **CAMBRIA & MORRO BAY**

***October 15-17; \$585/person (double), \$760/person (single)***

Join us for a 3-day trip as we head down to the Central Coast to visit Hearst Castle, Cambria, and Morro Bay. Hearst Castle is celebrating its 100-year anniversary. The Scarecrows in Cambria will be out in full force as we head into harvest season. Sit back and enjoy the ocean views. Ticket prices include bus fare, lodging, admission to Hearst Castle, one dinner, and two breakfasts. *Don't wait, register by August 27!*

## **THE GREAT DICKENS CHRISTMAS FAIR**

***Sunday, November 30; \$115/person (SCI members \$5 off)***



The Great Dickens Christmas Fair, where over 4 acres of the historic Cow Palace exhibition halls are magically transformed into the winding lanes and bustling play houses of Victorian London! Immerse yourself in a world of theatres, pubs, dance parties, and charming shops. Discover holiday revelry in this lamp-lit city brimming with hundreds of lively and colorful characters from the imagination of Charles Dickens and the often saucy world of the Victorian stage. Ticket prices include bus fare, admission, and gratuity.

**Call the Welcome Desk at (530) 661-2001 for more information.  
Register at the Welcome Desk, 2001 East St. M-F 8:00 am-3:00 pm.**



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**Woodland Senior Center**  
2001 East Street  
Woodland, CA 95776  
(530) 661-2001  
[www.cityofwoodland.gov/seniors](http://www.cityofwoodland.gov/seniors)

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# Senior Gram

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