



# 2026

## Woodland Wreckers Parent & Swimmer Handbook

Woodland Community Services Department  
2001 East Street  
Woodland, CA 95776  
Phone: (530) 661-2000  
[www.cityofwoodland.gov/wreckers](http://www.cityofwoodland.gov/wreckers)



# Woodland Wrecker Parent & Swimmer Handbook

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Welcome to the City of Woodland’s recreational swim team, the Woodland Wreckers. Please read all the attached registration information, as this packet has been assembled to help you understand what is involved when you sign up for the team.

## *Important contact information*

Woodland Community Services Department	661-2000
Community Swim Center (message line)	661-2020
Woodland Wreckers Coach	<a href="mailto:woodlandwreckers@gmail.com">woodlandwreckers@gmail.com</a>
Recreation Supervisor Brad Petersen	<a href="mailto:brad.petersen@cityofwoodland.gov">brad.petersen@cityofwoodland.gov</a>

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## New Swimmers to the Team

All new swimmers will be required to perform a swim test before the start date of the swim season. The purpose of the swim test is to ensure the swimmer can safely swim 25 yards (one lap) unassisted. Coaches will be available to decide if the swimmer passes. *Swimmers who do not pass the test will be redirected to swim lessons.*

The swim test dates are April 11, 18, and 25, 11:00-11:30 am at Charles Brooks Community Swim Center, 155 N. West Street. New Wrecker swimmers must attend one of the dates above for swimmer evaluations.

## Fees & Charges

### ***Program Registration and Fees***

All Woodland Wreckers registered swimmers pay a program registration fee to the City of Woodland Community Services Department for the entire season. The cost is due at the time of registration and is not prorated for holidays, vacations, or days missed. No spots are reserved without full payment. The 2026 registration for the Wreckers is \$215 per swimmer. Non-resident fees apply for those who don’t live within Woodland City limits. Parent volunteer participation is required.

### ***Camperships***

Camperships are available for youth participants in many Community Services’ summer programs for families with limited income, including the Woodland Wreckers. These camperships act as scholarships, reducing the program fees. Limited camperships are available for the program. Campership applications are available at [www.cityofwoodland.org/camperships](http://www.cityofwoodland.org/camperships).

### ***Credits or Refunds***

*Woodland Community Services Department does not provide registration fee credits and/or refunds for days missed. The Aquatic Staff will process applicable refunds for any participant removed from the program.*

All refund requests must be submitted online at least two weeks before the program starts. A \$30 Administrative fee (per participant per activity) will apply to all refunds or transfers. Refunds will not be approved after the program has ended.

To request a refund, complete the online form at [www.cityofwoodland.gov/CSDrefunds](http://www.cityofwoodland.gov/CSDrefunds).

### ***Other Fees***

Other fees involved with the Wreckers may include:

- Purchase of team suit \$40-\$75 each
- Team apparel approximately \$5-\$60 per item (optional)
- Fundraisers, swim-a-thon
- Splash fees for Meet of Champions if invited. Invitation based on swim time qualification.

## Practice Information

The Woodland Wreckers practice at the Charles Brooks Community Swim Center (155 N. West Street).

Because the team has limited pool time, arriving on time to practice is imperative. Parents are responsible for checking in their swimmers with the assigned coach at the beginning of each practice.

### ***Practice Schedule***

<u>April 27- June 5</u> Monday-Thursday	<u>June 8-July 17</u> Monday-Friday
Ages 13 & up 4:00-5:15 pm	Ages 13 & up: 4:00-5:15 pm
Ages 8 & under 5:15-5:45 pm	Ages 8 & under: 5:15-5:45 pm
Ages 9-10 5:45-6:30 pm	Ages 9-10: 5:45-6:30 pm
Ages 11-12 6:30-7:30 pm	Ages 11-12: 6:30-7:30 pm

### ***Practice Cancellation***

The swim team practices even if it rains. In the event of thunderstorms, there will be no practice. If unsure, contact the CSD staff at 661-2000 for further details.

### ***General practice notes***

The coaches can remove swimmers from the water if they are late or fail to meet their responsibilities. Swimmers must come to practice prepared to swim.

If your child will be missing more than two practices in a week for any reason, please inform the coach. In an emergency, the Woodland Community Services Department may have to close the pool unexpectedly and with short notice. Pool emergencies include chemical imbalances, inclement weather, or vandalism to pool equipment.

## Swim Meet Information

### ***How do I know if my child is swimming in a meet, and what events are they swimming in?***

Coaches determine which events each swimmer swims in based on team strategy, individual goals, and abilities. Seeding a meet involves placing the swimmers in events that benefit the athlete and the team.

Parents will sign their children up for swim meets on jotform.com. A link to the sign-up will be sent the week before the swim meet. Athletes must sign up for swim meets on Thursday, one week before. Parents must sign up for volunteer positions before signing their child up for the swim meet.

### ***Individual Events***

Individual events include Freestyle, Backstroke, Breaststroke, Butterfly, and the Individual Medley (IM; one length of each of the four strokes). Swimmers can be placed in two individual events for a meet.

### ***Relays***

Relay events consist of the Freestyle stroke and the Medley (comprised of each of the four strokes). Four swimmers from each team will swim at equal lengths. Swimmers can be seeded in two relays for a meet.

### ***Disqualification (DQ)***

Two judges from each team walk the sides of the pool, watching swimmers' strokes, turns, and finishes. Illegal strokes, turns, or finishes may benefit swimmers; therefore, judges disqualify swimmers who perform them. Any swimmer disqualified will receive a DQ slip rather than a ribbon. This form will give the unofficial time and the reason for the disqualification. The coach will discuss any disqualification during practice.

### ***Dual Meets-***

It is a dual meet when the Wreckers compete against another team within the VFCAL league. The Wreckers will compete in six league dual meets for the 2026 season. Saturday dual meets start at 8:30 am and end at approximately 3:00 pm. Swimmers are expected to arrive at the pool by 7:00 am for check-in.

### ***League Championship Meet-***

The League Championship meet is the final meet of the season, held on a Saturday in mid-July. All teams in the VFCAL league compete against one another at the League Championship meet. The League Championship meet is open to all swimmers who have swum in at least two dual meets during the season.

### ***What if my child cannot attend a swim meet?***

The Wreckers rely on every parent to sign up their child for each meet they can attend. A child will only be seeded in a meet if they have signed up for it. If a child is signed up and cannot attend, at least one week's prior notice for the coaching staff is required. Coaches cannot seed a swim meet based on when a child needs to leave.

### ***Signed up for a swim meet, but are not planning to attend***

The Wreckers is a team made up of many individuals. Every swimmer has a place on the team, and participation is important. When a child does not show up to a meet without notifying a coach, it often results in other relay team members losing out on their races.

### ***Arrival for races***

Swimmers are called for at least two events before the one they are swimming in. At this time, swimmers should be behind the blocks. When the starter blows his/her whistle (indicating that the swimmers can step up on the block), all swimmers must be present behind his/her block. If a swimmer is not present when the starter blows the whistle, there will be a 30-second grace period for a swimmer to step onto their block. Any swimmer who arrives at his/her block during the 30-second grace period will automatically be given a false start. Two false starts in one heat to one swimmer will equal a disqualification. Swimmers still not present after the 30-second grace period will be scratched from the race.

## 2026 Wrecker Schedule

Date	Home	Visitor	Location
May 30	Woodland	Rio Linda	Woodland Aquatics Complex 2001 East Street, Woodland, CA 95776
June 6	Placerville	Woodland	Union Mine High School 6530 Koki Ln, Diamond Springs, CA 95619
June 13	Woodland	Arden	Woodland Aquatics Complex 2001 East Street, Woodland, CA 95776
June 20	Orangevale	Woodland	Orangevale Recreation & Park District 6826 Hazel Avenue, Orangevale, CA 95662
June 27	Woodland	Cordova	Woodland Aquatics Complex 2001 East Street, Woodland, CA 95776
July 4	<b>BYE</b>		
July 11	Lincoln	Woodland	McBean Memorial Pool 61 McBean Park Drive, Lincoln, CA 95648
July 18	VFCAL Championships		Community Swim Center 155 N. West Street, Woodland, CA 95695

## General Information

### *Age Groups*

The swimmer's age group is determined by the swimmer's age on **June 1, 2026**. Swimmers may move up to the next age group before reaching that age, but they must remain in the higher age group for the rest of the season. Children under five may be considered if they can meet the swimming requirements.

The six age groups: 6 and under, 7-8, 9-10, 11-12, 13-14, and 15-18.

### *Code of Conduct of Spectators and Participants*

Spectators and participants must always show good sportsmanship. Negative behavior may lead to individuals being removed from the activity or team.

During swim meets, meet officials, coaches, and timers request that all spectators and swimmers stay away from the starting area (behind the blocks). Only swimmers who have been invited to the starting area are permitted in this area.

During swim practices and meets, empty lanes within the pool area are not for spectators or family members to play or wade in. Swimmers are not to play in empty lanes. Entering the competition area in any way during the competition can be considered interfering, and the team may be disqualified.

## Swimmer's Responsibilities

Follow the directions of the Woodland Community Services Staff, including coaches, lifeguards, or any other staff member.

Always wait for a coach to permit entry into the pool.

Swimmers must attend practice regularly and arrive on time. Swimmers who are consistently late or absent from practice may not be seeded in upcoming meets.

Communicate with the coaching staff if you must leave the pool area during practice.

Demonstrate good sportsmanship to your teammates and to other teams. Compliment others on their achievements.

Be prepared to practice with a suit, goggles, cap, and towel. Assist coaches in setting up and putting away all equipment. Clean up after, including putting trash in garbage cans.

Establish personal goals and actively train to achieve them. Ask your coaches for help achieving your goals. Have your mom or dad write down your goals at the beginning of the season, and check whether you achieved them at the end of the season.

Follow all pool rules and use equipment and facilities appropriately.